



Want help managing your time? Need skills to gain and maintain employment? Get to know yourself and concentrate on YOUR potential.

Come learn the Power of YOU!

Feeling Stressed?

Tools for Employment and Education Success Join Us for **ONE** of Our 2-Week Sessions

North Everett Location

April 10th to April 21st May 8th to May 19th June 5th to 16th

Mt. Bakerview Classroom 3210 18th Street Everett, WA 98201

Lynnwood Location

April 17th to April 28th May 15th to May 26th June 19th to June 30th EdCC Gateway Hall #103 6600 196th Street SW Lynnwood, WA 98036

Monday - Friday: 9:00 AM - 1:00 PM

Week 1:

- Dealing with Change
- Creating Habits of Success
- Self-Awareness
- Managing Fear

"This course has done a lot for me, it's exactly what I needed to be able to change my life in positive ways.... opened up all new perspectives for my live."

"A lot of really good info and tools I'll be able to use in real life and employment."

Week 2:

- Self-Efficacy
- Possibilities • Time Management
- Goal Setting
- Parenting
- Customer Service
- Money Management Basics
- Conflict Management
- Working with Difficult People
- Workplace Strategies
- Benefit Basics
- Community Resources

Tuition Paid by State, Federal, Community Grants and Contracts No Qualifications Required

CALL TODAY to reserve your seat 425-640-1451 Or email: penny.robins@email.edcc.edu

https://www.facebook.com/ToolsforEmploymentandEducationSuccess/

** Class Counts towards Participation Hours in Many Community Assistance Programs**